



SUPPLICATIONS

Daily Duas



**BENEFIT
MANKIND**

Registered Charity No. 1187849

HADITH

Verily your Lord is
Generous and Shy.
If His servant raises his
hands to Him (in
supplication) He
becomes Shy to return
them empty.

(Tirmidhi)



OUR LORD HEARS

At the heart of every Dua, as at the heart of every worship, is sincerity and intention.

Rather than treating it as a ritual that is performed almost robotically without a thought or meaning, the foundation for Dua is the faith that our Creator hears our every word, knows our every thought and every deed that we have enacted. Even if we cannot express the words, our hearts will reveal what we are trying to say.

The Qur'an states: "Your Lord says, 'Call on Me and I will answer you'."
(Surah Ghafir Qur'an 40:60)



SUBMISSION AND ETIQUETTE

While a Dua can be said at any time, scholars have recommended that to maximise its benefit, there are certain etiquettes that should be practised. These include:

- Having sincerity, meekness and humbleness in front of Allah ﷻ
- Making it heartfelt and having full concentration on the Dua
- Facing the Qiblah (direction towards the Kaaba in Makkah)
- Being in a state of Wudhu
- Raising one's hands to Allah ﷻ
- Starting the Dua with praise to Allah ﷻ followed by salutations on the Prophet (Peace and Blessings be upon Him)
- Showing humility before Allah ﷻ
- Repeat each Dua three times
- To cry when making Dua to Allah ﷻ & to make Dua softly
- Using as many of Allah's ﷻ names as possible to call upon Him during the Dua
- Asking for repentance and forgiveness of sins and transgressions
- Keeping faith that Allah ﷻ hears your Dua and will accept it
- To pass the hands over the face at the end of the Dua
- Finishing the Dua with salutations to the Prophet (Peace and Blessings be upon Him) and say Aameen at the end.

Having been given all the means for salvation and redemption in the form of Dua, it is imperative that we make use of this most priceless of assets, not only at certain times but throughout our lives. Dua should be made in times of both difficulty & ease.



SEND SALAWAAT UPON THE MESSENGER OF ALLAH ﷺ

Indeed, Allah ﷻ and His angels send blessings to the Prophet (Peace and Blessings be upon Him). O you who believe, invoke Allah ﷻ to bless Him, and send your Salaam (prayer for his being in peace) to him in abundance.' (33:56)

What do the Salawaat mean?
صَلِّ (صَلَّى / الصَّلَاةُ عَلَى النَّبِيِّ)

O Allah ﷻ, have mercy upon Muhammad (Peace and Blessings be upon Him) and praise Him in the lofty assembly i.e. amongst the elite angels who are close to Allah ﷻ.

Salaah also means 'honour Him' i.e. honour Him in the world by elevating his mention, granting victory to his Deen and preserving his Shariah; and honour Him in the hereafter by rewarding Him abundantly, accepting His intercession on behalf of his Ummah and granting Him the loftiest station of glory (Maqaam e Mahmood). (Ibn Hajar quoting Halīmī in Fath al-Bārī)

سَلِّمْ (سَلَّمَ / السَّلَامُ عَلَى النَّبِيِّ)

O Allah ﷻ, send peace upon Muhammad (Peace and Blessings be upon Him); protect Him, keep Him safe from harm and take care of Him. Thus Salaah is the acquisition of all good and Salaam is the protection from all evil.

The Messenger of Allah ﷺ said: "The closest of people to me on the Day of Judgement will be those who send the most Salaah upon me." (Tirmidhī)

FEW HEARTFELT DUAS

Ya Allah ﷻ, Ya Rahman, forgive the sins that I don't remember and the sins that I didn't even consider as sins.

Ya Allah ﷻ, Ya Raheem, grant me death with the Shahadah on my tongue.

Ya Allah ﷻ, Ya Malik, expand my grave for me and illuminate it with light.

Ya Allah ﷻ, Ya Qudoos, preserve my record in Illiyeen.

Ya Allah ﷻ, Ya Salaam, lighten for me the questioning of the grave.

Ya Allah ﷻ, Ya Mu'min, grant me death in a state of Ibadah and resurrect me in the same state.

Ya Allah ﷻ, Ya Muhaymin, keep me free from fear, anxiety and the terror of the day of judgement.

Ya Allah ﷻ, Ya Aziz, grant my book in my right hand.

Ya Allah ﷻ, Ya Jabbar, make me among those who show their books to others with happiness.

Ya Allah ﷻ, Ya Mutakabbir, make me successful in the Meezan.

Ya Allah ﷻ, Ya Khaliq, help me cross the Siraat like lightening.

Ya Allah ﷻ, Ya Bari', please do not give away my good deeds to others.

FEW HEARTFELT DUAS

Ya Allah ﷻ, Ya Musawwir, reunite me with my loved ones in Jannah.

Ya Allah ﷻ, Ya Ghaffar, do not expose my faults in front of others on the day of judgement.

Ya Allah ﷻ, Ya Qahhar, grant me a Qalb e Saleem.

Ya Allah ﷻ, Wahhab, cleanse my heart from malice, jealousy, hatred, self-admiration, show off and envy.

Ya Allah ﷻ, Ya Razzaq, grant me the ability to forgive others.

Ya Allah ﷻ, Ya Fattah, grant me soft speech, protect my tongue from lying, backbiting and hurting others.

Ya Allah ﷻ, Ya Aleem, grant me beautiful patience.

Ya Allah ﷻ, Qabidh, grant me correct Aqeedah, excellent memory and understanding of the Deen with daleel.

Ya Allah ﷻ, Ya Basit, bless my parents, forgive them, grant them good health and make me a Sadaqah Jaariyah for them.

Ya Allah ﷻ, Ya Khafidh, bless my siblings and their marriages. Bind us together with love. Do not let Shaytaan break our bond.

Ya Allah ﷻ, Ya Rafi', bless all the single Muslims the coolness of their eyes.



FEW HEARTFELT DUAS

Ya Allah ﷻ, Ya Muizz, grant them righteous children who will be Sadaqah Jaariyah for them.

Ya Allah ﷻ, Ya Mudhill, help me understand, write and speak Arabic.

Ya Allah ﷻ, Ya Sami', help me maintain good ties with my relatives.

Ya Allah ﷻ, Ya Baseer, help me see my faults and cover it from others.

Ya Allah ﷻ, Ya Hakam, bestow me with wealth to spend in your way.

Ya Allah ﷻ, Ya Adl, do not let others humiliate/oppress/mock/take advantage of me.

Ya Allah ﷻ, Ya Lateef, help me be courageous and take correct decisions.

Ya Allah ﷻ, Ya Khabeer, grant me modesty in clothing and speech in front of non mahrams.

Ya Allah ﷻ, Haleem, help me leave behind a legacy with humility.

Ya Allah ﷻ, Ya Azeem, forgive the Muslim Ummah - the living and the dead. Bless the Muslims. Grant victory to the oppressed. Fill their hearts with Iman.

Ya Allah ﷻ, Ya Ghafoor, forgive my bad deeds and accept my good deeds.

Ya Allah ﷻ, Ya Shakoor, I turn to you in repentance, in submission. I beg you please fulfill my Duas.

FEW HEARTFELT DUAS

Ya Allah ﷻ, Ya Aliyy, forgive my sins, a complete forgiveness that leaves no trace.

Ya Allah ﷻ, Ya Kabeer, forgive my transgressions of your commands & the violations of the rights of people.

Ya Allah ﷻ, Ya Hafeez, grant me victory over my shortcomings.

Ya Allah ﷻ, Ya Muqet, reform and upgrade me.

Ya Allah ﷻ, Ya Haseeb, accept my Duas, Ibadah & deeds.

Ya Allah ﷻ, Ya Jaleel, guide me towards performing good accepted deeds for your sake only.

Ya Allah ﷻ, Ya Kareem, help me to attain Khushu and Ikhlaas in my Ibadah.

Ya Allah ﷻ, Ya Raqeeb, help me get closer to you as my end draws near.

Ya Allah ﷻ, Ya Mujeeb, make me love You, your Prophet (Peace and Blessings be upon Him), your Deen and your Quran the way it deserves to be loved.

Ya Allah ﷻ, Ya Wasi', increase my Imaan, Tawakkul and Yaqeen in You.

Ya Allah ﷻ, Ya Hakeem, increase me in Taqwa and make me from your grateful slaves.



FEW HEARTFELT DUAS

Ya Allah ﷻ, Ya Wadood, give me the strength to be steadfast throughout the trials I encounter.

Ya Allah ﷻ, Ya Majeed, grant me a soft heart & content with your laws.

Ya Allah ﷻ, Ya Ba'ith, make the Quran be my companion in both worlds.

Ya Allah ﷻ, Ya Shaheed, guide me to the Sirat e Mustaqeen until my last breath, never be deviated in shirk, kufr or bid'ah.

Ya Allah ﷻ, Ya Haqq, make me among the Muhsineen, Muttaqeen the Mukhliseen and the Sabiqoon fil Ilm.

Ya Allah ﷻ, Ya Wakeel, increase me in beneficial knowledge.

Ya Allah ﷻ, Ya Qawiyy, protect me from sicknesses of the heart (envy, arrogance, proudness, show off)

Ya Allah ﷻ, Ya Mateen, bless me with happiness in this Dunya & Akhirah. And protect me from sadness & depression.

Ya Allah ﷻ, Ya Walee, favour me with the ability to do tazkiyah of my soul throughout my life journey.

Ya Allah ﷻ, Ya Hameed, remove the love of this world in it's degrees & forms from my heart.

Ya Allah ﷻ, Ya Muhsi', invite me to your house to worship You.



FEW HEARTFELT DUAS

Ya Allah ﷻ, Ya Mubdi', grant me a good end and make me love to meet You.

Ya Allah ﷻ, Ya Mueed, make my Qabar & Barzakh a peaceful and cool abode.

Ya Allah ﷻ, Ya Muhyi', grant me the shade of your Arsh on Yawmul Qiyaamah.

Ya Allah ﷻ, Ya Mumeet, give me my record of deeds in my right hand and make my Mizaan (scale) heavy with the good deeds.

Ya Allah ﷻ, Ya Hayy, grant me the favour to drink from the Hawd Al Kawthar by our beloved Prophet's (Peace and Blessings be upon Him) hand.

Ya Allah ﷻ, Ya Qayoom, ease my crossing of the Siraat & Qantarah (bridges before Paradise).

Ya Allah ﷻ, Ya Waajid, favour me the ultimate bliss of seeing You in the hereafter.

Ya Allah ﷻ, Ya Maajid, bless our loved ones/friends for the love, care, loyalty & generosity they share with us.

Ya Allah ﷻ, Ya Ahad, grant Jannah to our close friends who help us to become closer to You.

Ya Allah ﷻ, Ya Samad, bless my best friend with utmost happiness, success & Barakah, always keep him/her smiling & keep us united together till Jannah.



FEW HEARTFELT DUAS

Ya Allah ﷻ, Ya Qadir, reward my spouse your best reward for her/his striving for my family and make the Quran & your commands be our judge in all matters.

Ya Allah ﷻ, Ya Muqtadir, shield, increase & protect the love/mercy/Barakah between our spouses for as long as we live.

Ya Allah ﷻ, Ya Muqaddim, strengthen the practice of the Deen for me & my loved ones and make us reunite together in bliss in Jannat ul Firdaws.

Ya Allah ﷻ, Ya Mu'akhkhir, help me to stay patient throughout the tests and trials.

Ya Allah ﷻ, Ya Awwal, save our children from all harm, bless us with righteous children and make them the coolness of our eyes.

Ya Allah ﷻ, Ya Aakhir, protect my family, friends & loved ones from evil, calamities, enviers & the shayaateen from man & Jinn and make them of those who establish Salah and prostrate only to you.

Ya Allah ﷻ, Ya Zahir, protect our loved ones from harm, sicknesses, disbelief, haraam and destruction.

Ya Allah ﷻ, Ya Batin, grant our loved ones success in Deen, Dunya & Akhirah & grant us a lineage of righteous offspring until Yawm ul Qiyaamah.

FEW HEARTFELT DUAS

Ya Allah ﷻ, Ya Waali, grant our loved ones your happiness.

Ya Allah ﷻ, Ya Muta'ali, unite our entire lineage in Jannat ul Firdaws.

Ya Allah ﷻ, Ya Barr, make our children workers for your Deen, Hafiz ul Quran, Da'ees, Imaama, Scholars and Shaheeds.

Ya Allah ﷻ, Ya Tawaab, save our families from the hell fire & make us enter Jannat ul Firdaws Aa'laa without being accounted.

Ya Allah ﷻ, Ya Muntaqim, you are the all forgiving, so please forgive our parents and reward them in the greatest measures in this Dunya & Aakhirah.

Ya Allah ﷻ, Ya Afuww, elevate their ranks and grant them Jannat ul Firdaws.

Ya Allah ﷻ, Ya Raooif, make me coolness of their eyes in their old age.

Ya Allah ﷻ, Ya Malik ul Mulk, save us from the trials of Dajjal, Yajooj, Majooj and the last day.

Ya Allah ﷻ, Ya Dhul Jalali Wal Ikram, forgive the sins of those who have passed away in my family & the Ummah - young & old.

Ya Allah ﷻ, Ya Muqsit, grant them a peaceful time in the Barzakh till they meet You.



FEW HEARTFELT DUAS

Ya Allah ﷻ, Ya Jami', grant my siblings success in this Dunya & Akhirah and protect them from illnesses and difficulties of old age.

Ya Allah ﷻ, Ya Ghani, elevate the ranks of my parents, spouse's parents, my sisters & brothers, my elders & entire Ummah.

Allah ﷻ, Ya Mughni, grant my family & friends who are waiting for the gift of children.

Ya Allah ﷻ, Ya Maani', bless me with righteous friends in this world and make us enter Jannah together.

Ya Allah ﷻ, Ya Dhaar, keep the bond close and strong between me and my close friends and make our friendship be one for the sake of none, but You.

Ya Allah ﷻ, Ya Naafi', increase the love between me and my close friends for the pleasure of none, but You And bless our loved ones/close friends who have become family to us.

Ya Allah ﷻ, Ya Noor, unite the hearts of our worldly companions who work for you & strengthen our brotherhood/sisterhood.

Ya Allah ﷻ, Ya Haadi, unite the hearts of those undergoing family/marital difficulties and grant your perfect cure to those who are sick.



FEW HEARTFELT DUAS

Ya Allah ﷻ, Ya Badi', protect our brothers & sisters across the war zones & from the persecution, rape, slaughter and humiliation.

Ya Allah ﷻ, Ya Baaqi, relieve their sufferings & elevate their ranks.

Ya Allah ﷻ, Ya Waarith, bring the downfall of those (modern day pharaohs) oppressors & relieve those who are deprived, burdened, oppressed, in debt.

Ya Allah ﷻ, Ya Rasheed, bless those behind the making of this Dua booklet and make this a source of Sadaqah Jaariyah for them.

Ya Allah ﷻ, Ya Saboor, please answer our Duaas. You are the all Hearing, all Knowing.

اللَّهُمَّ آمِينَ يَا رَبَّ الْعَالَمِينَ

REMEMBER THE WHOLE UMMAH

During our heartfelt Duas, we must remember the whole Ummah in our Duas, we are like one body and their pain is our pain.

Also, please remember Benefit Mankind in your Duas, with our global teams and volunteers.

May Allah ﷻ accept all efforts and unite us all in Jannah

اللَّهُمَّ آمِينَ يَا رَبَّ الْعَالَمِينَ



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